

OFFICE HOURS & APPOINTMENTS

Office hours are available by appointment Monday-Friday, or as determined at the time of your visit with a CMO provider.

Scheduled PCA at CMO Hours:

Dr Bronson Mondays, Tuesdays and Fridays

Dr Graham Wednesdays and Thursdays

FINANCIAL POLICY

Visits with a psychologist will be billed through PCA to your mental health insurer, and are subject to copayments due at the visit. If you would prefer that PCA not disclose information with your insurer, a private pay option is also available. PCA at CMO will initially accept most insurances, with the exception of Medicaid, NHP, Network and BMC. We are actively pursuing contracts with all of the CMO insurers.

EMERGENCIES & After-Hours

Genuine psychiatric emergencies fall into the categories of extreme emotional disturbance, suicidality, change in personality or being a risk to self or others.

In a psychiatric emergency please transport your child to Mass General Hospital for Children or Children's Hospital Boston Emergency Departments, if you feel this is safe. If you feel unsafe traveling with your child, call 911 or take your child to a local emergency department.

If you have already established care with one of our psychologists, they will give you further guidance about night and weekend coverage. As always our CMO providers are 'on-call' and available 24/7 including after hours. Call our main number for instructions on paging us after hours.



CHILDREN'S MEDICAL OFFICE

of North Andover, P.C.

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PSYCHOLOGICAL CARE ASSOCIATES, p.c.

A multi-specialty behavioral health practice

Arlington, Woburn, Stoneham & Chelmsford, MA

BRINGING BEHAVIORAL HEALTH TO YOUR MEDICAL HOME

Psychological Care Associates and Children's Medical Office have partnered as an Integrated Care Team, providing triage, consultation and treatment for children and teenagers with the goal of bringing behavioral health to your medical home.

- **Amanda S. Bronson, PsyD**
- **Donna J. Graham, Ph.D.**

477 Andover Street,
North Andover, MA 01845

Phone: 978-975-3355

Websites: <http://www.chmed.com>

<http://psycare.info/>

We pledge to make every effort to provide the highest quality pediatric medical care.



Children's Hospital Boston



Pediatric Physicians'
Organization at Children's



Mass General Hospital
for Children

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

Mental Health Care at Children's Medical Office

We are excited to announce that as of December, 2013, CMO has partnered with Psychological Care Associates (PCA) to bring two pediatric psychologists to our office in North Andover.

At CMO, we strive to provide the highest level of pediatric medical care and behavioral health guidance. So much of what we do in pediatric well care is fostering the physical and mental well-being of our patients. We work together with families to guide children and adolescents toward healthy behavior changes. Whether your child is having issues with anxiety, sleep, weight management, depression, bullying, tantruming, toileting training, anger, or chronic health conditions, having an understanding of the psychological bases and responses is key to changing the problem.

The psychologists working with us will have two major roles. They will be integrated into our routine sick and well child visits -- stepping in for 5-10 minutes when needed or desired. They will also be providing 30-60 minute consultations and short term therapy sessions during their own scheduled visits. Whether simultaneous with a medical visit or separately, we are thrilled to have psychologists as part of our healthcare team.

If you and your primary provider feel that a psychological consultation might be helpful, we will either introduce you to one of the psychologists at the time of the visit or help to schedule a future consultation. Should the issue at hand require further management or involvement with a psychiatrist, we will have more resources for referral and follow-up.

Dr Bronson and Dr Graham will provide consultation, evaluation, education brief treatment and referral guidance for children and families, together in coordination with your primary care provider at CMO.

- Appointments will be booked as the need is determined by your primary care provider, and scheduled with our front desk staff
- PCA at CMO services are only available to current patients of Children's Medical Office
- If you would like to utilize these services, please contact your primary care provider to discuss a referral for your child

David A. Ansel, M.D., F.A.A.P

Dr. Ansel is a board-certified developmental-behavioral (DB) pediatrician. That means he has special expertise in such things as developmental delay, behavior problems, learning & intellectual disabilities, ADHD, autism spectrum, and tic disorders. Dr Ansel's practice will continue to provide services to our patients in collaboration with the Psychological Care Associates psychologists.

Amanda S. Bronson, Psy.D.

Dr. Bronson joined Psychological Care Associates' Chelmsford office in 2012, where she provides evaluation, consultation and treatment for children through young adults and families, and conducts social skills therapy groups for children. She received her Psy.D. in Clinical Psychology from Nova Southeastern University in Fort Lauderdale, Florida in 2010. She trained in Pediatric Behavioral Medicine at the University of Miami/Jackson Memorial Medical Center in Miami, Florida, and in Pediatric Neuro-Oncology at Dana-Farber Cancer Institute in Boston, Massachusetts. Dr. Bronson also worked and trained at the ADHD Assessment, Consultation & Treatment Program of the NSU Psychological Services Center. She has conducted research and presented on a variety of topics concerned with child assessment and treatment. Dr. Bronson provides psychological evaluations, consultation and brief therapy for children and adolescents at Children's Medical Office.

Donna J. Graham, Ph.D

Dr. Graham joined Psychological Care Associates' Woburn office in 2011 and now maintains a PCA satellite office in Rowley, where she provides evaluation, consultation and treatment for children adolescents, adults and families. She received her Ph.D. in Clinical Psychology from Bowling Green State University in Ohio in 1989 and completed a post-doctoral fellowship in Clinical Child and Adolescent Psychology at Harvard Medical School. She was an Assistant Clinical Professor of Psychiatry at the Tufts University School of Medicine and served on the staff of the Tufts New England Medical Center, Floating Hospital for children from 1991 to 2002, where she served as Director of Child and Adolescent Psychology Training. Dr. Graham also worked as a Child and Adult Psychologist at two private group practices prior to joining PCA. Dr. Graham provides evaluations, consultation and brief therapy for children, adolescents and families at Children's Medical Office.



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